

February



2014



OHES Lunch = \$3.75

Entrée (Includes Whole Grain) +
Fruit and Vegetables + Milk or
Cup for Water



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cheese Pizza Garden Salad Fruit	4 Pick Up Stix Fruit	5 ½ Grilled Cheese Cup of Soup Fruit	6 Burrito w/Turkey Taco Meat Veggie Sticks Fruit	7 Grilled Chicken Rice w/Veggies Fruit	8
9	10 Cheese Pizza Garden Salad Fruit	11 *Fit Burger Veggie Sticks Fruit	12 *Vegetarian Taco Salad Tortilla Chips Fruit	13 Chicken Tenders Sweet Potato Fries Fruit	14 Spaghetti w/Turkey Marinara Sauce Garden Salad Fruit	15
16	17 	18 Pick Up Stix Fruit	19 ½ Grilled Cheese Cup of Soup Fruit	20 Burrito w/Turkey Taco Meat Veggie Sticks Fruit	21 Grilled Chicken Rice w/Veggies Fruit	22
23	24 Cheese Pizza Garden Salad Fruit	25 *Fit Burger Veggie Sticks Fruit	26 *Vegetarian Taco Salad Tortilla Chips Fruit	27 Chicken Tenders Sweet Potato Fries Fruit	28 Spaghetti w/Turkey Marinara Sauce Garden Salad Fruit	
* Contains Soy						

Fusce dolor odio, gravida interdum, rutrum gravida, vulputate eget, arcu. In gravida eros vitae orci. Suspendisse tincidunt scelerisque pede. Donec leo leo, auctor eget, ultrices at, dignissim eu, mi. Praesent vestibulum, mi tincidunt bibendum feugiat, turpis est dignissim est, sit amet facilisis urna velit sed nisi. Curabitur aliquet mollis dui.